



GROW WITH NATURE
— CONSULTING —

Nature Based Therapy Certification Workshop Series

This 6 week series (3 hours each week) will be hosted outside include educational, interactive, and experiential opportunities for participants and a certification option for becoming a certified Nature Based provider.

- Week 1: Intro to Nature Based Therapy
- Week 2: How to do Nature Based Therapy (In Office/Telehealth and Outside)
- Week 3: Ethical and Legal Considerations of Doing Nature Based Therapy
- Week 4: Diversity, Equity, and Inclusion within Nature Based Therapy
- Week 5: Nature Based Therapy Interventions
- Week 6: Self-Care Practices Utilizing Nature

Series is intended for any provider (e.g. mental health therapist, medical provider, educator) interested in supporting a paradigm shift within mental health to make our approaches more normalized and sustainable for everyone.

Dates: March 11, 18, 25 & April 1, 8, 15

Time: 9AM - 12PM

Location: Clackamette Park, Oregon City

Cost:
 Graduate Students: ~~\$600~~ \$300
 Unlicensed Therapists: ~~\$700~~ \$450
 Licensed Therapists: ~~\$1050~~ \$600

*Intro
Prices!*

Continuing Education Credits available for licensed therapists!

18 CE's for total series (including 3 for ethical/legal topics and 3 for cultural competency)

For more information or to register, contact Alice at growwithnatureconsulting@gmail.com

Call 503-974-4746 with questions.